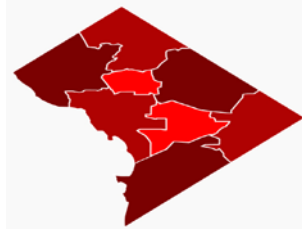


District of Columbia  
Commission on Aging  
"Representing 100,000+ and Growing"

AGING TODAY

March 2011



COMMISSION MEMBERS

**WARD ONE**

Jacqueline C. Arguelles

**Chairperson**

Brenda Williams

**WARD THREE**

Gene Coffey

Ruth Nadel

**WARD FOUR**

Annette Jones

Nell M. LaBeach

Samuel E. McCoy

**WARD FIVE**

Harriet Brockington

**WARD SIX**

Don Colodny

**WARD SEVEN**

Elfrida R. Foy

**WARD EIGHT**

Alethea Campbell,

*Vice Chairperson*

Shirley Thorne



News Alert

▶	<b>D.C. Office on Aging</b>	<b>2</b>
▶	<b>2012 Federal Budget Impact</b>	<b>3</b>
▶	<b>Bank on DC Program</b>	<b>4</b>
▶	<b>Measles Alert</b>	<b>11</b>
▶	<b>Ms Senior DC Pageant Call for Contestants</b>	<b>12</b>
▶	<b>Council Committee on Aging &amp; Community Affairs</b>	<b>3</b>
▶	<b>Office on Aging Solicits Request for Applications for Lead Agency and Wellness Center</b>	<b>13</b>

Special Events /Hearings

▶	<b>Office on Aging FY 2012 Budget Hearing</b>	<b>2</b>
▶	<b>Upcoming Senior Events - March</b>	<b>5</b>
▶	<b>Upcoming Senior Events - April</b>	<b>5</b>
▶	<b>Upcoming Senior Events - May - June</b>	<b>6</b>

Consumer Event

▶	<b>Smart Meter Workshop</b>	<b>2</b>
▶	<b>Wellness Summit</b>	<b>2</b>
▶	<b>Computer Training For Seniors</b>	<b>10</b>
▶	<b>Tax Assistance Locations</b>	<b>8</b>

**COUNCIL OF THE DISTRICT OF COLUMBIA  
COMMITTEE ON AGING AND COMMUNITY AFFAIRS**

**PUBLIC HEARING ON THE MAYOR'S PROPOSED BUDGET for OFFICE  
ON AGING FOR Fiscal Year 2012**

Monday, APRIL 18, 2011 at 10 am  
Wilson Bldg, 1350 Pennsylvania Avenue NW, (ROOM 120)

Persons wishing to testify about the proposed FY 2012 Budget  
may contact Garret King, at 741-0948 or e-mail [gking@dccouncil.us](mailto:gking@dccouncil.us)

**D.C. OFFICE ON AGING**

The D.C. Office on Aging (DCOA) is the city agency, designated by the Mayor under D.C. Law 1-24 to administer local and federal funds for residents 60 years and older. These funds are distributed to 20 public and private non-profit community based service providers operating more than 30 programs and services for seniors. In addition, the agency manages the Aging and Disability Resource Center through an intra-agency agreement with the D.C. Health Care Finance Agency. The Office operates two direct programs- Information and Assistance and Employment and Training.

A typical Office on Aging program recipient is a person 75 years old, basically independent, utilizing one or more programs such as counseling, transportation, meals delivery, case management, health and recreation/socialization or in-home services. Seventy percent (70%) are women; Fifty-five percent (55%) rent their homes and thirty-five percent (35%) are homeowners. The remaining ten percent (10%) live in congregate housing, rooming houses, community residential facilities, nursing homes, or in temporary housing facilities. Fifty-nine percent (59%) live alone. In 2010, the Office on Aging provided one or more services to 35,107 persons.

D.C. Office on Aging community based service providers (Senior Service Network) are:

- Access Housing, Inc
- Barney Neighborhood House
- Downtown Cluster of Churches
- East River Family Strengthening Collaborative
- Emmaus Services for the Aging
- Family Matters of Greater Washington
- First Baptist Church
- George Washington University
- Home Care Partners
- Howard University School of Social Work
- IONA Senior Services
- AARP Legal Counsel for the Elderly
- Providence Health Foundation
- Seabury Aging Resources
- So Others May Eat (SOME)
- South Washington West of the River Family Strengthening Collaborative
- University of the District of Columbia
- Vida Senior Center.

FOR MORE INFORMATION ABOUT THE D.C. OFFICE ON AGING PROGRAMS AND SERVICES  
CALL (202) 724-5626.

## CHANGE IN COUNCIL COMMITTEE THAT OVERSEES AGING

### **Committee Jurisdiction**

The Committee on Aging and Community Affairs is responsible for the concerns of the aging; matters regarding Advisory Neighborhood Commissions; matters related to Statehood and self-determination for the District; human rights; Latino, African, Asian and Pacific Islanders and Gay, lesbian, bisexual and transgender affairs; issues related to women; and veterans affairs.

**Committee Chairperson:** Marion Barry

**Committee Clerk:** Garret King [gking@dccouncil.us](mailto:gking@dccouncil.us)

### **Committee Members:**

The Honorable Jim Graham, Ward One Councilmember [jgraham@dcouncil.us](mailto:jgraham@dcouncil.us) (202\_724-8195)

The Honorable Tommy Wells, Ward Six Councilmember [twells@dccouncil.us](mailto:twells@dccouncil.us) (202) 724-8072

The Honorable Sekou Biddle, Councilmember at Large, [sbiddle@dccouncil.us](mailto:sbiddle@dccouncil.us) (202) 724-8174

### **Committee Contact Information**

Office: 1350 Pennsylvania Avenue, NW, Suite 17, Washington, DC 20004

Tel: (202) 741-0948 Fax: (202) 741-8055

## PROPOSED FEDERAL BUDGET FOR 2012 PROPOSED BUDGET CUTS WOULD WEAKEN PROGRAMS TARGETED TO LOW-INCOME OLDER AMERICANS

- In February, the proposed Federal FY 2012 Budget submitted by President Obama would drastically slash initiatives that empower older Americans to sustain their health and economic independence. The budget proposes a 45% cut in the Senior Community Service Employment Program (SCSEP), the only major jobs program targeted specifically to helping disadvantaged older adults who need to remain in the workforce to avoid financial crisis. SCSEP serves those with extremely low incomes, with eligibility limited to 125% of the federal poverty line (currently \$13,613). This cut would result in the loss of over 55,000 part-time jobs, causing thousands of mature workers to struggle to remain employed. The Administration also has proposed cutting the Low Income Home Energy Assistance Program (LIHEAP) by almost half. Almost 40% of households served by LIHEAP include an adult aged 60 or older. This \$2.5 billion cut will force older Americans to make life and death decisions between buying food and medicine or home energy. In addition, Home Delivered Meals would receive less. Funding for family caregivers under the Older Americans Act and other initiatives to address elder abuse and neglect, improve chronic care, and promote home care rather than placement into expensive nursing homes will see a small increase.

## BANK ON DC: HELPING DISTRICT RESIDENTS OF ALL AGES

Did you know that all DC residents, regardless of age or income, are eligible for a totally free checking and savings account? *Bank on DC*, a collaborative effort between the District Government's Office of the Deputy Mayor for Planning and Economic Development, financial institutions and non-profits brings together banks and credit unions to offer accounts with *no minimum balance requirements, no monthly maintenance fees, and no overdraft charges*. Many financial partners accept 'second chance' accounts for people with ChexSystems, and many also accept secondary forms of ID, such as foreign documentation.

In addition, Bank on DC emphasizes the importance of financial capability by educating District residents on how to budget, secure credit, and save for the future. Bank on DC educators can help people who would like to learn how to save for retirement, including investment options such as IRAs, Roth IRAs, and 401(k)s, as well as provide information on Social Security benefits.

A bank account ensures physical security for individuals who may put themselves at risk by carrying large amounts of cash, and financial security for individuals who desire the necessary tools to climb the economic ladder. By combining the Bank on DC product with targeted and effective financial education, our program is able to offer financial wellness and security to the 37,000 unbanked households and 72,000 under banked households in the District.

For a list of participating financial institutions, as well as important information on your personal financial health, please visit our website at [www.bankondc.org](http://www.bankondc.org) or call 202-727-BANK (2265).

## WARD FIVE MINI COMMISSION MOVES FORWARD

### WARD FIVE MINI COMMISSION ON AGING MEETING

Date: March 30, 2011  
Time: 10:00 am  
Location: Model Cities Senior Wellness Center  
1901 Evarts Street N.E.

Review Survey Results of survey of Ward 5 seniors and the guidelines for the mini commission.

For more info call (202) 727-8370

## UPCOMING EVENTS

March 11, 2011 10 am – 2 pm

### **Senior Citizen Annual Mardi Gras**

Columbia Heights Community Center

2480 Girard Street NW, Gym

Free, Music, lite Food, Entertainment

Music by Captain Fly/Sorrell Green, RSVP -Jennifer Hamilton, 202-664-7153

March 18 at 12 noon

### **Morehouse College Glee Club**

DC Public Library, 901 G Street NW

The Morehouse College Glee Club presents its annual performance in honor of Dr. Martin Luther King Jr. For more information, call 202-727-1291.

April 13, 10 am – 2 pm

### **Parks and Recreation Spring Senior Health Expo**

Hillcrest Recreation Center

3100 Denver Street S.E.

Exhibits dedicated to health issues

Health and Cooking Demonstrations, Nutrition tips, Health Screenings

202-645-9200 for more information

APRIL 23, 2011

### **Ward 8 Senior Fashion Show**



“PETEY GREEN COMMUNITY CENTER”

2907 Martin Luther King Jr. Avenue, SE

APRIL 23, 2011

TIME: 12:00 noon -3:00 PM

FOR PARTICIPATION & DONATIONS

CONTACT: KATIE SHEPHARD (202) 562-1024

E-MAIL: [KSHEPHARD1@VERIZON.NET](mailto:KSHEPHARD1@VERIZON.NET)

NO SEATING FOR CHILDREN, SEATING IS FOR SENIORS ONLY!!!

## UPCOMING EVENTS

Thursday, April 21

### **Senior Day at the America I Am Exhibit**

Sponsored by National Council on Aging  
National Geographic Society, 1145 17<sup>th</sup> Street N.W.

9 am – 5 pm Tours all day.

Seniors given a free special complementary ticket for touring.  
For more info call 202-727-8370

Sunday, April 17

### **Senior Citizens Prom**

George Washington University Office of Community Service  
GW Smith Center, 600 22<sup>nd</sup> Street N.W.

2 pm - 4 pm

Food, entertainment, dancing, 202-994-7224 to Tim Dugan - RSVP  
and for groups needing help with transportation from central location.

Thursday, April 28 at 9:00 am – 2:00 pm

### **State of Seniors in Ward 4**

Convened by Councilmember Muriel Bowser  
Hattie Holmes Senior Wellness Center, 324 Kennedy Street NW

Older Americans Month Activities by Wards

“Connecting the Community”



May 2-6, Various times and locations

### **DC Parks and Recreation Senior Games**

202-664-7153

May 19, 2 – 4 pm

### **Iona's 2011 Education, Advocacy and Engagement Forum and Award event**

Tenleytown Library, 4450 Wisconsin Ave NW

Live Well forum and “senior volunteer” appreciation award event (previously Super Senior Day.)  
For more info contact Lylie Fisher at [Lfisher@iona.org](mailto:Lfisher@iona.org) or 202-966-1055.

Friday, May 13, 2011, 9am- 4pm

### **“2<sup>nd</sup> Annual Enhancing the Health & Safety of Older Americans” (Ward 7)**

(Workshop & Health fair)

Washington Seniors Wellness Center, 3001 Alabama Avenue. SE

For more information call (202)575-2736

May 13, 10 am – 2 pm

### **Barney Live Concert (Wards 1 and 4)**

at 19th Street Baptist Church

5704 16<sup>th</sup> Street NW

202-939-9020

## Older Americans Month Activities by Wards

May 19, 10 am -2 pm

### **Access Housing –Outdoors under the Tent (Ward 8)**

4301 9<sup>th</sup> Street SE

202-562-6820

Thursday, May 19<sup>th</sup> 4pm-8pm

### **2nd Prom for Seniors the East River Swing "A Celebration of Stars" (Ward 7)**

St. Luke's Center, 4925 East Capitol Street SE, Satellite Room

For tickets information contact Ms. Gantt (202) 534-4880 ext. 110

## OTHER COMMUNITY EVENTS

1st Annual St. Luke Resources

"Treasure Your Health Today  
For A Better Tomorrow"

Saturday, March 12, 2011, 10 am – 2 pm

St. Luke Catholic Church

4925 East Capitol Street, S.E. Washington, DC 20019

(202) 584-8322

Health Screenings, Aging Information

## Women's History Month Event

### **BLACK HISTORY COMMITTEE PRESENTS**

### **The Annual African American Women Sing Songs of Praise Concert**



Sunday, March 27, 2011

Mount Pleasant Baptist Church

215 Rhode Island Avenue N.W.

Featuring the Best of Washington Female Soloists in the area.

All are invited, Admission: Free, lite refreshments.

For more information and/or interested in participating

call (202) 488-3404, (202) 421-8608 or email [mrblackhistory@yahoo.com](mailto:mrblackhistory@yahoo.com)

## SUPPORT FOR GRANDPARENTS

### **Grandparents Program**

The third Thursday of every month, 11:00 AM

Shadd Elementary School, 5601 East Capitol Street, SE, Washington, DC 20019

Learn how to handle the responsibilities of being the primary caregiver to your grandchild. Discuss with other grandparents in similar situations. DCPS Parents Resource Center - Marketta Wiley, [marketta.wiley@dc.gov](mailto:marketta.wiley@dc.gov) 202-727-7568.



## FREE TAX ASSISTANCE

### INTERNAL REVENUE SERVICE TAX ASSISTANCE D.C. LOCAL OFFICE

□77 K Street NE, Washington, DC 20002 Monday-Friday 8:30 am – 4:30 pm. Free Tax preparation assistance for the 2010 Tax year is available for Federal Tax Returns. Also available forms and information and assistance available. Call (202) 874-6748

### DC SAVES TAX PREPARATION SITES

**DC SAVES Earned Income Tax Credit (EITC) Campaign program offers free one-on-one counseling as well as assistance on the telephone and internet to help individuals prepare basic tax forms, including the 1040, 1040A, 1040EZ and other standard schedules. Families with an income less than \$42,000, individual less than \$22,000. Call 1-877- SAVE-5150 or visit [www.dceitc.org](http://www.dceitc.org) for more info on what to bring.**

□Jubilee Jobs, 2712 Ontario Road, NW

To make an appointment call 202-667-8970. Appointments and walkins: Language(s): English, Spanish

**Mon, Tues, Wed & Thurs - 6:00pm-8:00pm and Saturdays - 9:00 am-4:00pm**

□SE Comm Credit Center at Capitol One Bank, 2831 Alabama Avenue SE

**Wed, 6:00 pm -8:30 pm and Sat, 9 am -3:30 pm**

□Petey Greene Center, 2807 Martin Luther King Jr. Avenue SE

Mon, Tues, Thur, 6:00 pm - 7:30 pm and Sat, 10 am -2 pm, - Dates: 2/5, 2/12, 3/9 and 4/9

□Martin Luther King Memorial Library

901 G Street NW (NE Corner of 9th & G), Basement Level A9 and A10

Days/Hours (Languages: English, Spanish)

**Mondays and Tuesdays 4:30 p.m. - 8:00 p.m. Thursdays 1:30 p.m. - 4:00 p.m.**

**Saturdays 9:30 a.m. - 4:30 p.m. Sundays 1:00 p.m. - 4:00 p.m.**

Special Dates: **Monday, April 18 and Tuesday, April 19 4:30 p.m. - 8:00 p.m.**

### AARP TAX-AIDE PROGRAM

From February 1 through April 15th each year, the AARP Tax-Aide and DC SAVES program offers free one-on-one counseling, as well as assistance on the telephone and internet to help individuals prepare basic tax forms, including the 1040, 1040A, 1040EZ and other standard schedules. In addition, the AARP Tax Aide Program will provide in-home service for the homebound. John Willging, AARP DC Tax Aide Coordinator at [jilqwillging@verizon.net](mailto:jilqwillging@verizon.net) or 202-434-2277.

CHEVY CHASE COMM CENTER	5620 Connecticut Ave. NW	<b>Wednesday: 9:00AM-1:00PM, Thursday: 1:00PM-5:00PM</b>
GEORGETOWN LIBRARY	3260 R ST NW	<b>Thursday: 1:30PM-5:30PM</b>
CLEVELAND PARK LIBRARY	3310 Connecticut Ave. NW	<b>Tuesday: 1:00PM-4:30PM</b>
FRIENDSHIP TERRACE	4201 Butterworth Place NW	<b>Thursday: 1:00PM-4:30PM, 2/4, 2/18, 3/4, 3/18, 4/1 and 4/15</b>
TAKOMA PARK LIBRARY	416 Cedar Street NW	<b>Thursday: 1:00PM-4:30PM</b>
PEOPLES CONGREGATION UCC	4704 13 <sup>th</sup> Street NW	<b>Tuesday: 10:00AM-2:00PM, Thu 10:00AM-2:00PM</b>
EMERY RECREATION CENTER	5801 Georgia Avenue NW	<b>Thursday: 10:00AM-3:30PM</b>
FORT STEVENS REC CENTER	1327 Van Buren Street NW	<b>Friday: 10:00AM-1:30PM</b>
LAMOND RIGGS LIBRARY	5401 South Dakota Ave. NE	<b>Wednesday: 10:00AM-2:30PM Thursday: 1:30PM-5:30PM</b>
WOODRIDGE LIBRARY	1801 Hamlin Street NE	<b>Friday: 10:00AM-2:00PM</b>
MT. HOREB BAPTIST CHURCH	3015 Earl Pl. NE at Bladensburg Rd	<b>Wednesday: 10:00AM-1:30PM</b>
TRINIDAD RECREATION CENTER	1310 Childress Street NE	<b>Saturday: 10:00AM-2:00PM</b>
SOUTHWEST LIBRARY-Waterside	920 Wesley Place SW	<b>Monday: 1:00PM-8:00PM Thu 10:30AM-4:00PM</b>
FRANCIS GREGORY LIBRARY	3600 Alabama Avenue SE	<b>Tuesday: 10:30 am – 3:30 pm</b>
CAPITOL VIEW LIBRARY	5001 Central Avenue SE	<b>Tuesday: 10:00AM-1:30PM Thu 10:00AM-1:30PM</b>
ANACOSTIA LIBRARY	1800 Good Hope Road SE	<b>Tuesday: 1:00PM-5:00PM</b>
CONGRESS HTS SR WELL CTR	3500 ML King Jr. Ave. SE	<b>Monday: 10:00 – 2:30 pm, Seniors Only</b>



## HEALTH

### Health Alert: Measles Exposure in the District of Columbia

The District of Columbia Department of Health (DOH) is alerting residents and visitors to a potential measles exposure in some locations of the District between February 20-22, 2011. This is the same case of measles that the Virginia health authorities announced traveled through Dulles Airport.

#### Potential Exposure Locations

The following locations were identified as places where exposure may have occurred. Anyone exposed to a person diagnosed with Measles should verify that they have received two doses of the Measles vaccine. If you have not received two doses of the vaccine, or if you experience the symptoms listed below, please contact your healthcare provider.

Location	Date	Time of Potential Exposure
D1 or D6 bus from Georgetown towards Columbia Heights	February 21, 2011	10:30 am - 2:30 pm
S2 or S4 bus from Columbia Heights towards Georgetown	February 21, 2011	1:30 - 5:30 pm
Potbelly's Sandwich Shop 1400 Irving Street, NW	February 21, 2011	11 am - 5 pm

#### About Measles

Measles is an infectious respiratory (affecting the lungs and air passages) viral disease also known as 'Rubeola'. Measles is a more severe disease in the very young and the malnourished. All persons who have not had the disease or who have not been successfully immunized are susceptible. Measles is spread from person-to-person by direct contact with nasal or throat secretions of infected people or through the air from an infected person's coughing or sneezing. Symptoms usually appear within 7 to 18 days of exposure, although they may occur as late as 21 days after exposure. A person with measles is highly contagious for approximately four days before the rash appears to at least four days after the rash appears. There is no specific treatment for measles, though there are some medications that may lessen the severity of the symptoms.

#### *Symptoms may include:*

- Fever
- Conjunctivitis (red eye)
- Cough
- A red blotchy rash appearing on the 3rd to 7th day beginning on the face and spreads to the rest of the body.

#### *If you believe you have been exposed to measles:*

- Contact your healthcare provider, especially if you have never had the disease or have never been vaccinated.
- A person with measles should remain at home for four days after the rash appears.

Once an individual has had Measles, they generally develop lifelong immunity from the disease. Measles can be prevented by a two dose vaccination. This is a safe and highly effective vaccine. The first dose of Measles vaccine should be given between 12 and 15 months of age. A second dose of vaccine is given at school entry (4 to 6 years of age). Both doses are generally given as combined measles, mumps, rubella (MMR) vaccine. Adults are also able to receive the vaccine.

## LEARN AND PARTICIPATE ABOUT WELLNESS

### LIVE WELL DC! A SUMMIT PROMOTING WELLNESS

MARCH 28 AT 8:00 AM

PROVIDENCE HOSPITAL, 1150 VARNUM STREET NE, ROSS AUDITORIUM

Regina M. Benjamin, MD, MBA, will host this one-day policy forum, which will focus on wellness solutions for District residents. The summit is designed to inform the community about the importance of wellness and improving the health of those who live, work, and learn in the District. According to the District Obesity Action Plan, more than five in ten of all adults living in the District are overweight or obese — with rates climbing to 72% in certain wards.

**Please fax or email the registration form to:**

Providence Hospital Wellness Summit c/o Sharon Henry & Company, Conference Coordinators,  
42889 Kirkland Street, Ashburn, VA 20147, 703.723.1544 or toll free at 866.723.1781,  
703.723.1783 Fax, [shenry@toad.net](mailto:shenry@toad.net)

Summit attire is business professional. However, participants are encouraged to bring a light jacket and comfortable walking shoes for the **Wellness Walk and Stretch Break**. Registration Procedures: \*Please note if venue reaches capacity, registration will close. Register online at <http://www.provhosp.org/wellnesssummittemp.htm>

### PEPCO SMART METER CONSUMER WORKSHOP IN WARD THREE

Sponsored by Office of People's Counsel and Advisory Neighborhood Commission 3 C

Wednesday March 16 at  
2D Police District Station, 3320 Idaho Avenue NW  
7:00 pm – 8:30 pm

What to do to prepare for the meter exchange  
How to alert PEPCO that someone in your home has special medical needs  
The steps of the meter installation process  
About proposed features and benefits.  
202-727-3071

MARCH IS  
Women History Month  
National Colorectal Cancer Awareness Month  
National Nutrition Month

### Byte Back Computer Classes for Adults Age 55+

- How to use a computer?
- How to stay in touch with family and friends through the Internet?
- How to apply for jobs, manage health care and finances?
- How to use the Internet to access government services?

Graduates will receive a FREE refurbished computer and may be eligible for two years of free Internet.

Call 202-529-3395 or email [info@byteback.org](mailto:info@byteback.org)

## DC Senior Games 2011



On May 2nd through the 6th, the DC Department of Parks and Recreation Senior Services Division will host the 28th Annual 2011 competition for senior adults 50 years of age and older. Opening ceremonies will be held at the Deanwood Recreation Center located at 1350 49th Street, NE (202) 671-3077.

The 28th Annual DC Senior Olympics Games will feature medal competition in more than 15 sporting events, including swimming, tennis, track and field, basketball, table tennis. The yearly competition, hosted by the DPR in partnership with the DC Office on Aging, showcases the athletic ability of older District residents. The games provide an excellent method for seniors to maintain or improve their physical agility while enjoying competition and camaraderie.

There is a registration fee of \$15 per athlete, which includes a t-shirt and entry to one or all events. The deadline is 5 pm, April 22, 2011. Registration can be completed online or in person at the designated centers.

### Registration Information

If you require registration assistance or accommodations for minor disabilities, please contact DPR Senior Services at (202) 664-7153.

- **Fee:** \$15 per athlete; includes participation in all sporting events and an official t-shirt. Fees for Bowling and Golf events are not included.
- **Entry Deadline:** Entry applications must be submitted by 5 pm, April 25, 2011.
- **Registration:** Register online (see instructions below) or go in-person to a DPR Senior Services program center.

### Register for Events Online:

1. Go to the DC Senior Games event  
<https://www.asaponlinereg.com/SessionSchedule.aspx?eventid=64160&org=774>
2. **Registration Sites:**
  - Hillcrest Recreation Center, 3100 Denver Street, SE
  - Takoma Recreation Center, 300 Van Buren Street, NW
  - Turkey Thicket Recreation Center, 1100 Michigan Avenue, NE
  - Deanwood Recreation Center, 1350 49th Street, NE
  - Wilson Aquatic Center, 4551 Fort Drive, NW
  - Kennedy Recreation Center, 1401 7th Street, NW
  - Fort Stevens Recreation Center, 1327 Van Buren Street, NW
  - Fort Davis Community Center, 1400 41st Street, SE

# MS SENIOR DC PAGEANT 2011

## “Aging With Style”



*Sheila L.J. Poole Ms. Senior District of Columbia 2010*

*AGE OF ELEGANCE*

**LOOKING FOR**

### **MS. SENIOR DISTRICT OF COLUMBIA 2011”**

*Candidate must be a District of Columbia resident age 60 years or older.*

*Each contestant must display a talent presentation.+*

*The talent presentation may represent any form of human endeavor– the arts, music, homemaking, literature, etc.*

*Each contestant must present a statement that conveys her Philosophy of Life and reflects her inner beauty.*

*In evening wear, contestants should demonstrate elegance, grace, poise and style. Evening gown should be floor length.*

**For an application, please contact:**

**Lillie M. Gafford, Phone: 289-1510 ext. 1330**

**Gertrude Lomax , Phone: 289-1510 ext. 1329**

**Or call 202-724-5626 for more information**



**Government of the District of Columbia  
Vincent C. Gray, Mayor**

## DC Office on Aging Solicits Applications for Fiscal Year 2012 Lead Agency Grant

The District of Columbia, Office on Aging (DCOA) is soliciting applications from qualified applicants to be a LEAD AGENCY that will provide a full array of services and activities that are designed to enhance the overall health and well-being of the District's elderly population, aged 60 and over.

Funding is available for one to eight applicants to serve one or more Wards in the District of Columbia. Funding has been provided to the Office on Aging from both Federal and District appropriated funds.

The purpose of these funds is to complement existing educational services and star programs that target the senior population living in the District of Columbia. Examples of the service areas include, but are not limited to the following:

- Case assessment/case management;
- Congregate meals;
- Counseling;
- Health promotion;
- Nutrition counseling;
- Recreation and socialization;
- Transportation of home delivered meals;
- Transportation to site and activities;
- Weekend congregate meals;
- Weekend home delivered meal service;
- Home delivered meals;

The deadline for submission is Friday, April 22, 2011 at 4:45 p.m. A Pre-Application web-conference is scheduled for Wednesday, March 9, 2011 at 10:00 a.m. Registration for this event is required. To register: email Aurora Delespin-Jones, Facilitator at [aurora.delespin-jones@dc.gov](mailto:aurora.delespin-jones@dc.gov) with your name, organization, email address and telephone number. You will receive a conference reminder with information needed to join the online event. After the event, you may continue to view the conference presentation and RFA online at [www.dcoa.dc.gov](http://www.dcoa.dc.gov).

## D C Office on Aging Solicits Applicants for Senior Wellness Center Operations for Fiscal Year 2012

The District of Columbia, Office on Aging is soliciting applications from qualified applicants to operate five District of Columbia Government-owned SENIOR WELLNESS CENTERS. Senior wellness centers promote healthy lifestyles, good nutrition, exercise, and general wellness among the District's elderly population, aged 60 and above.

The deadline for submission is Friday, April 22, 2011 at 4:45 p.m. A Pre-Application web-conference is scheduled for Wednesday, March 9, 2011 at 1:00 p.m. Registration for this event is required. To register: email Tiffanie Yates, Facilitator at [tiffanie.yates@dc.gov](mailto:tiffanie.yates@dc.gov) with your name, organization, email address and telephone number. You will receive a conference reminder with information needed to join the online event. After the event, you may continue to view the conference presentation and RFA online at [www.dcoa.dc.gov](http://www.dcoa.dc.gov).

